

# WELCOME AT GEUSSELTBAD



The Geusselbad is a swimming pool for everyone. For both kids and adults, for recreational or sportive use, just for fun or on the road to recovery, individually or in a team or club. The Geusselbad offers a wide variety of swimming pools and activities. We are constantly looking for new forms, events and trends in and around the water. From mermaid swimming and pool parties for kids to active group lessons for adults: we offer fun for all ages. Open this folder to find out which swimming activity suits you best!

## SWIMMING AT GEUSSELTBAD

- > Modern facilities
- > Suited for a wide variety of visitors
- > Multiple indoor pools and an outdoor swimming pool with sunbathing area
- > Excellent Grand Café
- > Easily accessible by car, bike and public transport
- > Free parking
- > Free WiFi

### OVERVIEW SPECIAL OPENING HOURS 2018-2019

MONDAY 20 AUGUST 2018 – SUNDAY 18 AUGUST 2019

#### CLOSED

- > Christmas Day Tue 25 Dec 2018 > closed
- > Boxing Day Wed 26 Dec 2018 > closed
- > New Year's Day Tue 1 Jan 2019 > closed
- > Carnival Sun 3 – Tue 5 March 2019 > closed
- > Easter Sunday Sun 21 Apr 2019 > closed

#### CLOSED EARLIER

- > 'Sinterklaas' evening Wed 5 Dec 2018 > closed from 16:00 h
- > Christmas Eve Mon 24 Dec 2018 > closed from 16:00 h
- > New Year's Eve Mon 31 Dec 2018 > closed from 16:00 h

#### ADJUSTED PROGRAMMING

- > Easter Monday Mo 22 Apr 2019 > opened from 10:00–17:00 h
- > King's Day Sat 27 Apr 2019 > opened from 10:00–17:00 h
- > Ascension Day Thu 30 May 2019 > opened from 10:00–17:00 h
- > Whit Sunday Sun 9 June 2019 > opened from 10:00–17:00 h
- > Whit Monday Mo 10 June 2019 > opened from 10:00–17:00 h

#### SCHOOL HOLIDAYS FOR PRIMARY AND SECONDARY EDUCATION IN MAASTRICHT

- > Summer Holidays Sat 7 July 2018 t/m Sun 20 Aug 2018
- > Autumn break Sat 13 Oct 2018 t/m Sun 21 Oct 2018
- > Christmas Holidays Sat 22 Dec 2018 t/m Sun 06 Jan 2019
- > Carnival break Sat 2 March 2019 t/m Sun 10 March 2019
- > Spring break Sat 27 Apr 2019 t/m Sun 05 May 2019
- > Summer Holidays Sat 06 July 2019 t/m Sun 18 Aug 2019

We have an adjusted program during the school holidays, with additional activities and clinics

Go to [www.geusselbad.nl](http://www.geusselbad.nl) for our up-to-date programming

## RECREATIONAL SWIMMING

### Recreational

Come and enjoy our recreational swimming facilities and the friendly atmosphere in the Geusselbad. Our varying indoor swimming pools and our outdoor pool with sunbathing area offers water fun for all ages! The little ones can splash and splash safely in the colorful children's pools.

### Kids Fun

Every Wednesday afternoon, we offer fun water activities during the Kids Fun. Every last Wednesday of the month there's even more water fun, with an obstacle course and water trampoline!

### Family swimming

On Sunday mornings the leisure pool is reserved for young families, with extra entertainment for the little ones; such as cheerful songs, playing materials and an inflatable slide.

## Poolparties

IS IT YOUR BIRTHDAY? HAVE YOUR BIRTHDAY PARTY AT GEUSSELTBAD!

We have created some superfun pool parties just for you. Simply choose your favorite:

- > **Free & Fun Poolparty** – for all ages
- > **Splash & Play Party** – kids up to and including 6 years old
- > **Exciting Race & Splash Party** – from 7 years old
- > **Little Mermaids Party** – from 7 years old
- > **NEW: Scuba Dive Party** – from 7 years old

Our pool parties can be combined with drinks and snacks, both in the pool or in our Grand Café. Also, we provide you with invitations for your friends and a countdown calendar, so that you can count down to the big day!

## NEW!

**Lady Mermaid Experience:** Do you want to fulfill your childhood dream? We offer different packages for mermaid swimming for adults! The perfect activity for a fun outing with your friends or for an amazing bachelorette party.

You can sign up online for every lesson: easy as that!

## ACTIVE SWIMMING

Are you fond of swimming and cardio fitness? Then AquaFit4You is the perfect combination for you! During these fun **group lessons**, you will work on your **fitness and muscle strength**, both in and close to the water. Whether you're working up a sweat on your aqua spinning bike, dancing to fun beats or trying to keep your balance on an aquabase®: our AquaFit lessons offer something for everyone.

During our AquaFit lessons you work on:

- > building your muscle strength;
- > improving your coordination;
- > increasing your stamina;
- > and developing dexterity and agility

- We offer
- > AquaGym
  - > AquaSwing
  - > AquaJogging
  - > AquaVaria
  - > AquaRobics
  - > AquaCycling
  - > AquaBootcamp
  - > FloatFit®

### Lane swimming

Do you want to swim laps, at your own pace of for athletic goals? Our competition pool is set up with different lanes, for uninterrupted swimming at all levels. Check out or special lane swimming activities for ladies and over-50s, e.g. in warm water.

### Pregnancy swimming

Enjoy your pregnancy to the fullest with our fun group lessons in comfortable warm water! During the 45-minute lesson, exercises for stamina and muscle strength are alternated with moments of relaxation and breathing exercises.

## EASYSWIM SWIMMING LESSONS

Looking for good and fun swimming lessons at an excellent accommodation in Maastricht? At Geusselbad, your child can enjoy active, educational and superfun swimming lessons for the A, B and C swimming certificates, starting from 4 years old.

The playful EasySwim method makes learning to swim more fun, easier and safer. By using special swimsuits, lesson cards and educational water games, your child will learn the techniques and skills needed to achieve all swimming certificates: for a lifetime of safe swimming!

### The advantages of swimming lessons at Geusselbad:

- > Superfun teaching method
- > Pleasant group size
- > A set price for your swimming certificate
- > Free practice hours
- > Modern facilities and free parking
- > Watch the lesson comfortably from the gallery
- > Free water-safe lessons for children on the waiting list

More info & enrollment: [www.abczwemmenmaastricht.nl](http://www.abczwemmenmaastricht.nl)

Next to our regular swimming lessons, we also offer Small Group lessons (max. 5 kids) and private lessons!

## Turbo

Do you want your child to obtain the A, B or C swimming certificate in a fun, fast and also responsible way? It is possible with our 10-day Turbo swimming course, during the summer and Christmas holiday. Together with Timo and Tina Turbo, your child will experience a new and unforgettable swimming adventure every day, in which all requirements for the swimming certificate are implemented. We will turn your child into a Turbo hero!

## SWIMMING LESSONS FOR ALL AGES

### Parent-child swimming

Is your (grand)child between 8 weeks and 4 years old? Come and enjoy our swimming lessons together with your little one! Under the guidance of a qualified instructor, your child will safely enjoy 25 minutes of splashing, singing and playing in pleasantly warm water of 33 degrees Celsius. An excellent preparation for our ABC swimming lessons!

### Mermaid swimming

Do you want to learn how to swim like a real mermaid, tail and all? Then you will certainly enjoy mermaid swimming at Geusselbad! During our occasional mermaid clinics and weekly FinFun swimming practice, you will learn how to move through the water quickly and gracefully with a beautiful 'monofin'. Mermaid swimming is suitable for children from 7 years old and who are in possession of their B swimming certificate.

### Swimming lessons for adults

Did you not have the opportunity to attend swimming lessons in your youth or do you need a refresher course? Join our private or group swimming lessons at Geusselbad. Our lessons are accessible, fun and tailored to your needs by our swimming teachers. We also offer swimming lessons exclusively for women.

