# **ACTIVE SWIMMING**

AQUAFIT4YOU, LANE SWIMMING & PREGNANCY SWIMMING

## **TIMES & RATES**

#### season 2019

valid from 19 August up to and including 31 December 2019

### **NOTE:**

There are no swimming lessons during the Christmas holiday. During the summer holiday there is an alternative timetable.



Version August 2019
Subject to typing errors and changes to the program.
Consult www.qeusseltbad.nl for current information.



Day	Time	Pool	intensity:	•=low	<b>♦♦♦♦</b> =high
AQUAGYM					<b>♦</b> ♦♦♦
Tuesday	09:15-10:00 h	Combination pool			
Friday	09:15-10:00 h	Combination pool			
AQUASWIN	G				
Monday	09:15-10:00 h	Warm water pool			
Tuesday	14:15-15:00 h	Warm water pool			
Friday	10.15-11.00 h	Combination pool			
AQUAJOGGI	NG				<b>**</b>
Tuesday	09:15-10:00 h	Competition pool			
	19.00-19.45 h	Combination pool			
Friday	09:15-10:00 h	Competition pool			
AQUAVARIA					<b>**</b>
Monday	19.45-20.30 h	Combination pool			
Wednesday	19.45-20.30 h	Recreational pool			
AQUAROBIC	:S				<b>***</b>
Tuesday	10.15-11.00 h	Combination pool			
Tuesday	19:00-19.45 h	Combination pool			
Thursday	10:45-11:30 h	Combination pool			
AQUACYCLI	NG				<b>***</b>
Monday	18:45-19:30 h	Recreational pool			
Tuesday	19.45-20.30 h	Recreational pool			
Wednesday	10.00-10.45 h	Combination pool			
Thursday	19.00-19.45 h	Recreational pool			
AQUABOOT	CAMP FIT4YOU				****
Wednesday	19.00-19.45 h	Recreational pool			

Day	Time	Pool	intensity:	♦ =low	♦♦♦♦ =high
FLOATFIT®					****
Monday	09:15-09:45 h	Combination pool			
Tuesday	10:15-10:45 h	Competition pool			
	18:00-18:30 h	Combination pool			
	18:30-19:00 h	Combination pool			
Wednesday	09:15-09:45 h	Combination pool			
	19:00-19:30 h	Combination pool			
	19:30-20:00 h	Combination pool			
Thursday	10:00-10:30 h	Combination pool			
	20:00-20:30 h	Recreational pool	maximum 6	participan	ts
	20:30-21:00 h	Recreational pool	maximum 6	participan	ts
	21:00-21:30 h	Recreational pool	maximum 6	participan	ts
Friday	10:00-10:30 h	Competition pool			
	18:30-19:00 h	Combination pool			
Sunday	07:30-08:00 h	Combination pool			
	11:00-11:30 h	Combination pool			

LANE SWIMMING				
Monday	07:00-13:00 h	Competition pool	6 lanes available until 08:00 h	
	17:00-19:45 h	Competition pool	3 lanes available from 18:30 h	
Tuesday	07:00-09:00 h	Competition pool		
	11:00-13:00 h	Competition pool		
	17:00-18:30 h	Competition pool		
Wednesday	07:00-13:00 h	Competition pool		
	17:00-20:00 h	Competition pool	3 lanes available from 18:30 h	
	21:00-22:00 h	Combination pool		
Thursday	07:00-13:00 h	Competition pool	6 lanes available until 08:30 h	
	17:00-18:30 h	Competition pool		
Friday	07:00-09:00 h	Competition pool	4 lanes available until 08:30 h	
	07:00-09:00 h	Combination pool		
	11:00-13:00 h	Competition pool		
	17:00-20:00 h	Competition pool	3 lanes available from 18:00 h	
	21:00-22:00 h	Competition pool	6 lanes available	
Saturday	11:30-14:00 h	Competition pool	In case of competitions or events, times can vary. Consult www.geusseltbad.nl	
Sunday	07:00-09:00 h	Competition pool		

WARM WATER LANE SWIMMING				
Tuesday	20.30-22.00 uur	Warm water pool	Average water temperature 33°C	

LANE SWIMMING FOR 50+				
Monday	15:00-16:00 h	Warm water pool	Only for the 50-plus age group	
Thursday	15:00-16:00 h	Warm water pool	Only for the 50-plus age group	
Friday	15:00-16:00 h	Combination pool	Only for the 50-plus age group	

LANE SWIMMING FOR WOMEN			
Tuesday	12:00-13:00 h	Combination pool	Women only

PREGNANCY SWIMMING			
Wednesday	18:00-18:45 h	Warm water pool	

#### **RATES**

Type of card	Rate 2019		
SINGLE TICKETS AQUAFIT			
Adults	€ 6,95		
Adults 65+	€ 6,15		
SINGLE TICKETS LANE SWIMMING			
Adults	€ 5,50		
Adults 65+	€ 4,90		
MULTIPLE TICKETS			
Card with 25 entries (valid for 7 months)	€ 103,50 *1		
Card with 50 entries (valid for 13 months)			

- > General terms and conditions apply to all rates. For more information, visit www.geusseltbad.nl. Rates are valid until December 31 2019.
- > Single tickets and Multiple tickets are valid for both recreational swimming and lane swimming. When one activity is planned after the other, you can participate in both activities on the same ticket.
- > \*1 for multiple ticket cards, you have to buy a membership card for €5. This card remains property of the customer and can be upgraded at all times.

#### No more queueing? E-tickets are available online at www.geusseltbad.nl

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